

## What to bring to your DOT exam

Everyone	List of medication and diagnoses. Driver's License
Diabetic	Recent Hemoglobin A1c printout.
Sleep apnea	Compliance printout from your CPAP's compliance chip, 3 or more months.
High Blood Pressure	Your BP must be <140/90 at your exam. If you bring a Medical note showing it in that range within 30 days of Your exam, we will accept that.
Past Heart Attack	Cardiologist release (with exercise tolerance test within The last 2 years).
Past Coronary Bypass	Cardiologist release (with exercise tolerance test within The last 1 year once 5 years post-surgery).
Past Angioplasty/Stent	Cardiologist release (with exercise tolerance test within the last 2 years).
Corrective Vision	Eyeglasses or contacts
Hearing Aids	Hearing Aid